SEC Form 4	
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1. Name **FREI**

(Last) C/O H 233 S.

(Street) CHIC

(City)

FORM 4

UNITED STATES SECURITIES AND EXCHANGE COMMISSION

Washington, D.C. 20549

	Check this box if no longer subject to Section 16. Form 4 or Form 5 obligations may continue. See Instruction 1(b).
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STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP

OWR APPRO	JVAL							
OMB Number:	3235-0287							
Estimated average burden								
hours per response:	0.5							

ruction 1(b).		Filed	pursuant to Section 16(a) of the Securities Exchange Act of 1934				
(-)			or Section 30(h) of the Investment Company Act of 1940				
			2. Issuer Name and Ticker or Trading Symbol HEIDRICK & STRUGGLES INTERNATIONAL INC [HSII]		tionship of F all applicab Director Officer (giv below)	,	n(s) to Issuer 10% Owner Other (specify below)
_	(First) L & STRUGGLES R, SUITE 4200	(Middle)	3. Date of Earliest Transaction (Month/Day/Year) 03/10/2005		Chief Le	gal Officand	Secretary
DINGER FI (Firs EIDRICK & S' WACKER, SU AGO IL	IL	60606	4. If Amendment, Date of Original Filed (Month/Day/Year) 03/09/2005	6. Indivi Line) X	Form filed Form filed	t/Group Filing (by One Report by More than C	0
	(State)	(Zip)			Person		

Table I - Non-Derivative Securities Acquired, Disposed of, or Beneficially Owned

Table 1- Non-Derivative Securities Acquired, Disposed of, or Derivitiany owned												
1. Title of Security (Instr. 3)	2. Transaction Date (Month/Day/Year)	2A. Deemed Execution Date, if any (Month/Day/Year)	3. Transa Code (8)					5. Amount of Securities Beneficially Owned Following Reported	6. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	7. Nature of Indirect Beneficial Ownership (Instr. 4)		
			Code	v	Amount	(A) or (D)	Price	Transaction(s) (Instr. 3 and 4)		(1150.4)		
Common Stock ⁽¹⁾	03/08/2005		М		3,333	A	\$15.08	6,333	D			
Common Stock ⁽²⁾	03/08/2005		М		5,333	A	\$11.9	11,666	D			
Common Stock	03/08/2005		S		7,000	D	\$35.7	4,666	D			
Common Stock	03/08/2005		S		1,666	D	\$35.66	3,000	D			
Common Stock	03/09/2005		S		2,407	D	\$35.43	593	D			
Common Stock	03/09/2005		S		500	D	\$35.45	93	D			
Common Stock	03/09/2005		S		93	D	\$35.44	0	D			

Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities)

	(e.g., puts, cais, warrants, options, convertible securities)														
1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	3. Transaction Date (Month/Day/Year)	3A. Deemed Execution Date, if any (Month/Day/Year)	4. Transa Code (8)		of Deri Sec Acq (A) Disp of (I	oosed D) tr. 3, 4	Expiration Date (Month/Day/Year)		te Amount of		8. Price of Derivative Security (Instr. 5)	9. Number of derivative Securities Beneficially Owned Following Reported Transaction(s) (Instr. 4)	10. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	11. Nature of Indirect Beneficial Ownership (Instr. 4)
				Code	v	(A)	(D)	Date Exercisable	Expiration Date	Title	Amount or Number of Shares				
Employee Stock Options (Right to Buy) ⁽¹⁾	\$15.08	03/08/2005		М			3,333	12/02/2004	12/02/2007	Common Stock	3,333	\$0	19,667	D	
Employee Stock Options (Right to Buy) ⁽²⁾	\$11.9	03/08/2005		М			5,333	03/06/2003	03/06/2008	Common Stock	5,333	\$0	14,334	D	

Explanation of Responses:

1. Exercise of a derivative security issued on December 9, 2002.

2. Exercise of a derivative security issued on March 6, 2003.

Stephen W. Beard, Attorney-

In-Fact

03/09/2005

** Signature of Reporting Person Date

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

* If the form is filed by more than one reporting person, see Instruction 4 (b)(v).

** Intentional misstatements or omissions of facts constitute Federal Criminal Violations See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB Number.